

To Contact Lidy's Office

If you need help with anything regarding this site, you can contact Lidy personally using one of the options below:

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We love to hear from our visitors, subscribers and clients.

Let us know what's on your mind, offer suggestions, make recommendations, or just let us know what's working and what's not.

If you need to speak with us for any reason, you may call us.

We are usually in our office from 9am to 5pm Eastern Standard Time, Monday to Friday. If you try to call us after hours leave us a voice message and we will get back to as soon as possible. International callers may call this number using Skype.